

• LIFE PLANNING · HABITS

Habits, *by voice.*

Just say you did it — the tracker ticks itself.

A voice command guide from VoiceFirstPlanner

FREE


No tapping little boxes. Say what you did in plain words and the matching habit ticks for today.

1 · Tick a habit by saying you did it

The app listens for natural phrasing, not exact names.

 "I exercised today"

 "I went for a run"

 "I drank my water"

 "I meditated"

 "I read a few pages"

What happens: It ticks today's box for the matching habit — "went for a run" ticks Run, "took my vitamins" ticks Vitamins.

2 · Add a custom habit (in the app)

Make your own, then log it by voice like the rest.

What happens: Tap "add a habit", or a popular-habit chip, to create one such as "Drink water". From then on you can log it by voice.

GOOD TO KNOW

- It knows lots of phrasings: exercise / gym / workout, walk / steps, run / jog, stretch / yoga, hydrate, early night, vitamins, meditate / breathwork, gratitude, read, study, reached out, and more.

PREMIUM

Go unlimited

Free includes up to 3 habits.

Premium unlocks unlimited habits — plus everything else across your planner, on up to 2 devices.

\$9.99 value — free download. Premium from \$7.99/mo · or \$99 once for lifetime (first 1,000 members).