

• LIFE PLANNING · VALUES

# Values & roles, *by voice.*

Name what matters and the roles you play — out loud.

A voice command guide from VoiceFirstPlanner

FREE


Your values are what guide your choices; your roles are the hats you wear. Add either by voice, one at a time or several at once.

### 1 · Add a value

One value, or a few in the same breath.

 "Add health to my values"

 "Add family as a value"

 "Add honesty, courage and kindness to my values"

**What happens:** They're added to your Values. Use "and" or commas to add several at once.

### 2 · Add a life role

The roles you want to show up well in.

 "Add mentor to my roles"

 "Add coach as a role"

 "Add parent and professional to my life roles"

**What happens:** They're added to your roles. Tap a role afterwards to define what success looks like in it.

#### GOOD TO KNOW

- Say "...to my values" or "as a value" so the app files it in the right place.
- Roles use "...to my roles" or "...to my life roles".

PREMIUM

## Go unlimited

Values, life roles, goals and daily reflection are part of Premium's voice planning. Premium unlocks the whole planner with no limits — unlimited tasks, habits, projects, goals, notes, reminders and named lists — plus the full recurring schedule and use on up to 2 devices.

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